

## Mentor Profile



Name: Sabahat Asim Wasti

Position: Medical Director and Consultant Neurorehabilitation

Affiliation: Cleveland Clinic Abu Dhabi, United Arab Emirates

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### Introduction:

I graduated from Khyber Medical College, Pakistan, and did my training in Rehabilitation Medicine at the Leeds University, Leeds (UK). I then became Consultant in Rehabilitation Medicine at Sheffield Teaching Hospitals, UK in 1998. I served there until 2007 and then moved to Abu Dhabi, UAE.. I joined Sheikh Khalifa Medical City and there I served as Consultant and Interim Chair for Institute of Physical Medicine and Rehabilitation, I established first PM&R department there, in Abu Dhabi. In 2013, I moved to private healthcare sector in Abu Dhabi and helped establish rehabilitation services. Since May 2017 I have been working in the Neurological Institute, Cleveland Clinic Abu Dhabi. I serve as Medical Director and Staff Physician (Consultant), Neurorehabilitation. I have track record of service development and have authored several papers and abstracts. I sit on national and international committees and presently serve as World Federation for Neurorehabilitation (WFNR) Gulf Region Vice President and also Chairs Ethics Special Interest Group and Service Development Special Interest Group in the WFNR. I have extensive experience in Neurorehabilitation and his main interest lies in service development, early rehabilitation of stroke patients and ethical and cultural factors effecting rehabilitation outcomes.

Scientific/Research and or clinical expertise and skills

I have experience of managing complex neurological impairment, both physical and cognitive. I have developed rehabilitation set ups for hyperacute and acute stroke rehabilitation. I have extensive experience in management of spasticity, disorders of consciousness, neuropathic pain, neuropathic bladder and bowel, disability assessments and vocational rehabilitation in individuals with neurological disorders.

My research interests include hyperacute rehabilitation in stroke, stroke related gait disorders and Post Critical illness Rehabilitation

Number of mentees I can take: 2

Frequency of Meeting: Monthly